

THE ROYAL OAK  
ZION HILL,  
WALGRAVE,  
NN6 9PN  
Tel. 01604 781248

Food Allergies and intolerances

Before ordering your food and drink, please speak to our staff if you need to know about the ingredients

### STARTERS

MELON COCKTAIL TOPPED WITH RASPBERRY SORBET £4.95

BRIXWORTH PATE

Locally renowned, slightly coarse full flavoured pate served with Cumberland Sauce  
and warm toast and butter £5.50

PRAWN AND MANGO SALAD

with a mango and lime dressing, and brown bread and butter £5.95

SOUP OF THE DAY

Chef's homemade soup served with warm crusty bread £4.25

CRISPY WHITEBAIT

Deep fried Whitebait served with Tartare Sauce £5.95

CARAMELISED RED ONION TART

Topped with goat's cheese on a bed of salad leaves and a Balsamic vinegar glaze £5.50

### MAIN COURSES

#### VEGETARIAN SELECTION

ROYAL OAK OMELETTE

A light and creamy omelette with a filling of your choice, e.g. cheese, tomato, onion, mushroom, any  
combination, served with a salad and a choice of potatoes £9.95

MUSHROOM STROGANOFF

Served with Basmati Rice £9.95

VEGETABLE MOUSSAKA

Layers of Courgettes, peppers, tomatoes, sliced potatoes, onions cooked with herbs, topped with a  
Bechamel Sauce, served with salad and Garlic Bread £10.50

#### FISH SELECTION

WHOLETAIL WHITBY SCAMPI

Wholetail Whitby Scampi bread crumbed and deep fried until golden brown served with chipped potatoes  
and garden peas or mushy peas £10.50

LEMON SOLE \*\*\*\*

Simply Pan fried, served with lemon, vegetables of the day and potatoes of your choice £12.50

COD FILLET

A Cod Fillet coated in our chef's own beer batter and deep fried served with chipped potatoes and garden  
peas or mushy peas Small Cod fillet with batter £11.75

Large Cod Fillet \*\*\*\* with batter or simply grilled £13.95

\*\*\*\* Not included in any special offers

There will also be Chef's specials, please see our blackboard

## MEAT SELECTION

### SPICY CHICKEN

Poached Supreme of Chicken in a spicy Coriander and red pepper sauce, served with vegetables of the day and potatoes of your choice £11.50

### CHICKEN STIR FRY

Stir fried lemon chicken with vegetables and noodles £10.95

### WARM CHICKEN AND BACON SALAD

Pan fried Chicken with Bacon on a bed of salad with a Caesar dressing and served with potatoes of your choice £10.95

### ROAST BELLY PORK \*\*\*\*

Slowly roasted belly pork served with an apple mash, a rich onion gravy and vegetables of the day £12.50

\*\*\*\* Not included in any special offer

### STEAK AND ALE PIE

Tender pieces of braised steak cooked in a rich ale gravy, topped with a short crust pastry lid served with potatoes of your choice and vegetables of the day £10.95

### BEEF BURGER

Chef's homemade beef burgers (2) in a sesame bun with a choice of relish, bar b q sauce or spicy dip, served with a salad garnish, coleslaw and chipped potatoes £10.25

Extra toppings £2.00 each, Bar B Q Pulled Pork, Stilton Cheese, Cheddar Cheese or Bacon

## GRILL SELECTION

### GRILLED GAMMON STEAK

Succulent thick gammon steak (approx 10 oz uncooked) served with a fried egg and pineapple rings £11.95

RUMP STEAK 8oz (Approx uncooked weight) £14.25

RUMP STEAK \*\*\*\* 16oz Approx uncooked weight) £19.95

SIRLOIN STEAK \*\*\*\* 10oz (Approx uncooked weight) £15.95

All selections from the grill are served with mushrooms, onion rings, grilled tomato, and potato of your choice

Add a sauce, Pepper Sauce or Stilton Cheese Sauce £2.00

\*\*\*\* Not included in any special offers

Our food is cooked to order please allow time for cooking

## SIDE ORDERS

Pan fried Mushrooms, Hand cut chipped potatoes, Chef's Battered onion rings, Garlic Bread, all @ £2.00 each

Hand Cut Chipped Potatoes topped with cheese £3.00 Garlic Bread topped with Cheese £3.00

Extra portion of vegetables £2.00 Portion of Peas £1.00 Seasonal Salad £2.00

## DESSERTS

Please see our dessert blackboard for today's selection all priced at £4.50

Cheese and Biscuits £5.50 Cheese Board and Biscuits for two £8.00

## COFFEE, SPECIALITY COFFEES AND TEA

Freshly Ground Coffee or Espresso Coffee and mints £2.00

Freshly Ground Cappuccino Coffee/Latte and mints £2.40

Flavoured Latte Coffee and mints (Vanilla, Hazelnut or Caramel) £2.50

Liqueur Coffee Gaelic (Irish Whisky) Calypso (Tia Maria) £4.90

Pot of Tea £1.75 Speciality Tea, Peppermint, Lemon Grass and Ginger, Red berries and Elderflower £2.00